



## Soccer Terms to know!

1-2	Essentially, a give-and-go
1v1	1v1
50/50 ball	A loose ball contested by players from each team.
air ball	A shot or chip sent way over the intended target.
assist	The pass, which leads to a goal.
back	Pass ball straight behind you.
balance	Used to describe the concurrent presence of coverage by a team in important areas on the pitch.
banana kick	A kick that makes the ball bend or swerve in the air instead of going straight.
bicycle kick	A spectacular backwards kick that ends with the player on his back and the ball going the other direction.
center	A lateral pass to the inside, similar to a "square pass."
challenge	To "challenge" the player with the ball.
charge the ball	Not waiting for the ball to come to you, but instead running up on the ball and taking it from your opponent.
check	To come back to receive a ball from a teammate.
check to	An offensive player running towards the ball carrier and usually calling for a pass.
chip	A pass made by a stabbing motion of the kicking foot to the lower half of the ball to loft it over the heads of opponents.
chop	A deliberate change of direction with the ball usually using the inside of the foot.
clear or clearance	Usually used in the defensive 1/3 of field. To play the ball out of the area taking away the opponents chances of offense. Tells a defender to get the ball out their end of the field.
close down	When a defender gets close to the attacker without letting the attacker get by him with the ball.
contain	Do not allow a person with ball to beat you on the dribble.
corner kick	Kick by the attacking team from the corner
cover	To provide defensive cover to the defender pressuring the ball.
cross	Pass or kick the ball across the mouth of the opponent's goal.
double teaming	2 people are guarding the same person. That means one player from the other team will not be guarded.
dribble	To keep the ball from the other team by kicking it between your two feet and around the other team.
drive	Hitting a low, hard shot with the instep.
drop	To pass the ball back to a supporting player.
dummy	To let the ball go past or through your legs to a teammate.
dummy run	A run by player without the ball to draw one or more defenders away from the area under attack.
endline	Boundary lines at the goal ends of the pitch
face up	Face the direction of the ball. Don't turn back on ball during any stoppage of play.
far post	The goal post furthest from the ball.
finish	When a player shoots the ball into the goal using anything but an instep kick.
first time	Shoot or pass the ball with the first touch. See one-touch.
flick	Advance the ball past the defenders for a teammate.
free kick	An unobstructed kick of a stationary ball, as in soccer, especially one awarded when the opposition commits a foul.
give-and-go	To pass the ball to a teammate, run past the defender, and the teammate returns the ball.
give-and-go	See wall pass
goalie	The person who protects the goal
goal-side	The defender positioned between the goal and the offensive player.
got me	I'm safe kick me the ball
half volley	Hitting the ball with the instep just after the ball has bounced off the ground.
handball	When the ball hits your hand and then it is the other teams free kick from the spot you were standing
hard tackle	A fair, but rough tackle.
header	Striking the ball with the forehead
heel	Backwards pass with the heel of your foot.
hold	Usually means hold the ball while a player moves into a supporting position for a pass.
hold the ball up	To keep Possession of the ball, or an instruction to do so.
keeper	Goalkeeper; one who may use their hands in an 18 m box
"Keeper!"	Stay away from the ball, the goalkeeper is coming out!
leave it	Don't touch the ball, let it roll by you.
line	Requesting a pass up touch line.
lob	Arching the ball above the goalie to score
long ball	When outclassed in midfield to play hopeful long passes to strikers.
man on	Said by a teammate when the player on the ball is under pressure as an opponent is advancing on their position, so the player with the ball can pass it to a teammate
man to man marking	Follow him everywhere.

mark up	Telling your teammates to leave no one unmarked.
meg	When the ball is dribbled or passed between the legs of a defender.
near post	The goal post nearest the ball.
nutmeg	To put the ball between an opponent's legs.
one more	Let a crossing pass through or pass to the next guy.
one two	A pass returned with the first touch. Often where the first player continues to run and passes a defender while briefly without the ball.
one-timer	A goal scored on a cross or corner kick that is booted into the goal before it touches the ground.
one-touch	To either shoot or pass a ball with the first touch.
open goal	A completely unprotected goal, with no obstacles between the ball and the goal at all.
open up	Use wingers and play wide.
out of the box	Last player in the defense yell to the rest of the team, after a corner kick.
out swinger	Kicker will deliver corner kick with a ball swinging away from the goal.
over the top	To chip a ball over the defense into space for the forwards to run on to.
overlap	When a player runs around and ahead of the ball for a pass into space.
overloads	Creating situations where you have more players than the opposition, i.e. 3v1.
own goal	Goal conceded by own player
pace	Referring to the speed of the ball from a pass.
pitch	Another term for soccer field.
pk	Penalty kick. 12 yard line.
play around them	To switch the ball from one side of the field to another with a succession of passes.
play feet.	To pass a ball directly to a teammate's feet.
play on	Yelled and signaled by the referee when he sees a foul but allows the play to continue because an advantage for the attacking team.
play space	To push a ball into an open area of the field for another player to run on to, as opposed to playing to feet.
play the way your facing	Keep football simple and pass the way you are facing then move to space.
playing kickball	When a team uses the system of just kicking the ball as far as they can with no regard to passing.
pressure	Refers to a defender placing pressure on his opponent with the ball.
push-up	A sweeper or goalie telling his/her fellow defenders to stop lagging in the back, in an attempt to draw the opposing team off sides, or to get the defenders to get in on the offensive transition.
show	Move from a position with an intervening defender to a position with a clear line to the ball.
slide tackle	To slide the ball away from the attacker whom had the ball.
smoked	When an offensive player performs a great move and leaves the defender in the dust.
split	To pass the ball between two defenders.
square	When a player is perpendicular to the player with the ball with relevance to the field
square	A lateral pass (straight as in the lines of a square)
stopper	The defender assigned to mark the other team's player with the ball.
striker	A forward, an attacker.
support	I am here in case you want to pass me the ball, or if you try to take on an opponent and loose possession I will be here to challenge immediately for the ball.
sweeper	The player positioned behind the defenders and in front of the goalie who has the authority to play either the right, middle or left side of the field (hence sweeps) to block the opposing team's shot or player.
switch	Means to switch the point of attack (i.e. Switch the ball from the right side of the field to the left).
switch off	Trade marking assignments on defense.
tackle	Trying to take the ball from opposing player. Always play the ball first, if contact is made with the player first a foul is usually committed.
take ball	Put pressure on the dribbler now!
through ball	To serve the ball through a flat defensive alignment into a forward space creating an opportunity on goal.
through pass	Pass straight ahead of you.
time	Having enough time to control ball and look around before a defender can pressure you.
touchline	Sideline boundary of the pitch or soccer field
trail	I'm behind you if you need to pass it back.
trap	To keep the ball in your feet
turn	Telling your teammate he has time to control the ball and turn up field.
two-touch	To either shoot or pass a ball with the second touch, the touch after controlling the ball.
volley	The act of kicking the ball in midair.
wall	A human barrier between the ball and the goal on a free kick.
wall pass	To pass the ball to a teammate, run past the defender, and have the teammate return the ball.
weak side	The side of the field without the ball.
win the ball	Wining the ball over an opposing player
wing	A striker or midfielder that is wide.